

Sri Matriniketan Ashram Savitri Parayana (recitation) on occasion of New Year-2025

“This Yoga is to be resolutely practised without yielding to any discouragement by difficulty or failure (until the release, until the bliss of Nirvana is secured as an eternal possession).”

The Gita-6.23.

Sri Aurobindo quoted this line of the Gita at four places of *The Synthesis of Yoga*, (page 61, 220, 245, 773) confirming it as very important message for the beginners of Yoga.

“For in his Yoga there is nothing too small to be used and nothing too great to be attempted. As the servant and disciple of the Master has no business with pride or egoism because all is done for him from above, so also he has no right to despond because of his personal deficiencies or the stumblings of his nature. For the Force that works in him is impersonal — or superpersonal — and infinite.”

Sri Aurobindo

CWSA-23/The Synthesis of Yoga/p-61-61

““Practise unfalteringly,” says the Gita, “with a heart free from despondency,” the Yoga; for even though in the earlier stage of the path we drink deep of the bitter poison of internal discord and suffering, the last taste of this cup is the sweetness of the nectar of immortality and the honey-wine of an eternal Ananda.”

Sri Aurobindo

CWSA-23/The Synthesis of Yoga/p-220,

“Always we must adhere to the injunction of the Gita, “Yoga must be continually applied with a heart free from despondent sinking.” Always we must repeat to the doubting intellect the promise of the Master, “I will surely deliver thee from all sin and evil; do not grieve.” At the end, the flickerings of faith will cease; for we shall see his face and feel always the Divine Presence.”

Sri Aurobindo

CWSA-23/The Synthesis of Yoga/p-345

“And yet faith is necessary throughout and at every step because it is a needed assent of the soul and without this assent there can be no progress. Our faith must first be abiding in the essential truth and principles of the Yoga, and even if this is clouded in the intellect, **despondent in the heart**, outwearied and exhausted by constant denial and failure in the desire of the vital mind, there must be something in the innermost soul which clings and returns to it, otherwise we may fall on the path or abandon it from weakness and inability to bear temporary defeat, disappointment, difficulty and peril. In the Yoga as in life it is the man who persists unwearied to the last in the face of every defeat and disillusionment and of all confronting, hostile and contradicting events and powers who conquers in the end and finds his faith justified because to the soul and Shakti in man nothing is impossible.”

Sri Aurobindo

“The firm winning of this inalienable spiritual bliss is Yoga, it is the divine union; it is the greatest of all gains and the treasure beside which all others lose their value. Therefore is this Yoga to be resolutely practised without yielding to any discouragement by difficulty or failure until the release, until the bliss of Nirvana is secured as an eternal possession.”

Sri Aurobindo
CWSA-19/Essays on the Gita/p-242

The Gita and *The Synthesis of Yoga* insist on rigorous self-control, *tapah*, as means of increasing concentration, *samyama* and concentration as means of increasing sacrifice, *yajna*, and sacrifice as means of uniting with the Divine, *yuktah*, and prolongation of Divine union calls down outer and inner opulence in the form of the descent of Divine Love, Divine Wisdom, Divine Will, Divine Peace, Divine Silence etc.; thus, a Spiritual man gives highest good, *dana*, to earth and men.

OM TAT SAT

“The importance of *Savitri* is immense.

Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted.

Take all the time necessary to see this exhibition. It will be a happy compensation for the feverish haste men put now in all they do.”

The Mother
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OM TAT SAT



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