

Science fair - changing the World with the tune of the Infinite

1. Introduction

- 1.1. Individual ego means everyone puts themselves at the centre of the universe and everything else revolves around them
 - 1.1.1. so in lower hemisphere with individal ego, there are innumerable universes
 - 1.1.2. need to rise to higher hemisphere where all consciousness meet Truth Consciousness
- 1.2. Search for the Divine by many paths
 - 1.2.1. Traditional Yogi
 - 1.2.1.1. usually focuses on the the Transcendent or shuns the Individual Divine, shuns the world or Universal Divine due to their illusory appearance and does not see the need to transform nature
 - 1.2.1.2. The traditional saint does not get any call to reconcile his untransformed Nature with Spirit after realisation of the Transcendent Divine
 - 1.2.2. Integral Yogi
 - 1.2.2.1. Integral union with Divine that reconciles Transcendent, Universal and Individual aspects
 - 1.2.2.2. Transformation of Nature (both individual and universal) is an objective
 - 1.2.2.3. All life is treated as a play of the Soul and the Divine Master and between Soul and Nature
- 1.3. Work of the great Avataras
 - 1.3.1. accepted all life as a play field of the Divine Beloved, a play of the Soul.
 - 1.3.2. The last task of ultimate Divine transformation and physical immortality is left for the last Avatara to accomplish
 - 1.3.3. The physical presence of successive Avataras is necessary to bear the pain, misery and death encountered on earth and lead it to the transformation and immortality
- 1.4. Science surpassed
 - 1.4.1. By the pressure of universal and Supramental consciousness, science will be surpassed, the change will bring about a new knowledge and new manifestation and creations will emerge on earth

2. King Aswapathi's Yoga

- 2.1. Exploration of planes of Consciousness
 - 2.1.1. Sought a comprehensive solution for the problems of existence
 - 2.1.1.1. Need to explore the highest planes above and lowest planes below for till the extremes are reconciled there can be no true and lasting solution. The 10 worlds are -

- 2.1.1.1.1 Bliss
- 2.1.1.1.2. Supramental
- 2.1.1.1.3. Universal
- 2.1.1.1.4. Spiritual
- 2.1.1.1.5. Psychic
- 2.1.1.1.6. Subtle Mind
- 2.1.1.1.7. Subtle Vital
- 2.1.1.1.8. Subtle Physical
- 2.1.1.1.9. Subconscient
- 2.1.1.1.10. Inconscient
- 2.1.2. Integral Yoga reconciles all past yogas and cosmic consciousness
 - 2.1.2.1. Nirvana of Buddha
 - 2.1.2.2. Brahma Nirvana of Adi Shankara
 - 2.1.2.3. Cosmic Consciousness Vasudev Sarvamiti
 - 2.1.2.4. In Integral yoga the negative spiritual experience of Nirvana and the positive/affirmative spiritual experience of Cosmic Consciousness are accepted as expressions of Self and are reconciled and transcended
- 2.2. Expolaration of Universal or Cosmic Self
 - 2.2.1. with the practice of yoga there is an expansion of individual consciousness into that of the cosmic consciousness earthly life and consciousness becomes too narrow
 - 2.2.1.1. In both cases a withdrawal from the world
 - 2.2.2. The cosmic self is the meeting ground of the 10 selves and sheaths a meeting of the most sublime and most material
 - 2.2.2.1. "He came to a wonderful bodiless realm where a depth is felt answering to every height."
 - 2.2.3. Reaching this state allows one to understand that this world is not a unintelligent machine but rather the living movement of the body of God
 - 2.2.3.1. The unseen mysteries behind the working of the worlds will be revealed
- 2.3. Unfinished Yoga

- 2.3.1. Perfection is the goal and it comes in stages over a thousands of years
- 2.3.2. Explored the worlds of the Inconscient and Subconscient and partly transformed them
 - 2.3.2.1. His work was continued by Savitri and Satyavan
 - 2.3.2.2. We understand from his work that the earth plane is a battlefield between instruments of Light and Darkness

3. The Mother's Yoga

- 3.1. Unfinished Yoga
- 3.2. Focused on transformation of body via the simultaneous action of Sachchidananda force from above the head and below the feet
 - 3.2.1. Because of Their work, future disciples and devotees/children need not suffer as They did due to the reduced burden of the Inconscient sheath and they in turn will be able to ascend to the 3rd stage of universalisation
- 3.3. The Mother's experience saw her expand her subtle body to the proportion of the earth

4. The Divine Mother and Sri Aurobindo accepted the second stage of universalisation but did not proceed to third stage so as to transform the universal Subconscient and Inconscient Selves

5. The Mother's Children are ready for cellular transformation

- 5.1. The sadhana is done for the sadhaka when he reaches the status of being the Mother's child in a surrendered state by The Mother Herself. It is not possible by any other way.
 - 5.1.1. best basis for this is to be non agitated and in state of peace, surrender and receptivity
- 5.2. Need to possess the 5 attributes of Satyavan to be Her True Child (wear the face of Satyavan)
 - 5.2.1. 1. Pure mind and body
 - 5.2.2. 2. Knowledge based action
 - 5.2.3. 3. Harmony
 - 5.2.4. 4. Simplicity
 - 5.2.5. 5. Single Mindedness
- 5.3. Transformation is a contagious global process it started in the body of The Mother but its action will flow to those close to Her and all those who are open to Her
 - 5.3.1. It is not limited to a single place or ashram but will accelerate in all those who live in Her atmosphere
 - 5.3.2. The stabilisation of the Supramental Force in the outer instruments of mind, life and body is only a question of time. In the body in particular it is dependent on the collaboration of the cells and the opposition from the Inconscient and Subconscient planes do act as stumbling blocks
 - 5.3.3. The greater the spiritual experience the greater will be the collaboration from the cells of the body and less will be the hurdles
- 5.4. Departure of Sri Aurobindo on 5 December 1950 marked the beginning of cellular transformation of humanity He continues His work from the subtle

physical plane

- 5.4.1. His accumulated spiritual force could not be supported and multiplied by His disciples
- 5.5. Departure of The Mother on 17 November 1973 marked the 2nd stage of the cellular transformation process and beginning of Their dual action on earth life from the subtle physical
 - 5.5.1. There was sharp incompatibility between Her intense divinity and earth's opposition
- 5.6. The Mother's Children can now access more easily and with greater intimacy the dual incarnating force The Lord and Divine Mother in the subtle physical and thus process in greater rapidity the process of transformation

6. Recapitulation/ Injunction issued to the sadhak of the Integral Yoga

- 6.1. This yoga of Transformation does not need thousands just a few dedicated souls purified of egoism for the effect to be felt in the world
- 6.2. Savitri book instructs adult souls to walk alone and not waste time in replicating their kind in others their process of self concentration is itself a precious contribution to the world and their best companion but also instructs that once they have found the Divine they should not create a gulf between them and the world but must reconcile their swift spiritual growth with the slow evolution of the collectivity by becoming the slave of developing souls or continue the "godlike toil"
- 6.3. The Synthesis of Yoga adds to this injunction from Savitri book that adult souls should not be slowed and bound by the tardy collective evolution but find the Eternal through swift individual spiritual evolution and having found the Eternal should no longer look with indifference at those still struggling to find the Light/Divine but help in a manner directed by the Divine (and not by his own ego)

7. The Earth's Future

- 7.1. Has a Supramental Destiny a living manifestation of the the Eternal and Infinite All-existence
- 7.2. This is a world in progress, yet unfinished and awaits the creation of something supreme that will be the result of the descent of the supramental force
- 7.3. The current view of the world as a plane of perpetual suffering, toil and sorrow is the result of our limited egoistic consciousness and thereby our lack of union with our Soul, Nature and the Divine
- 7.4. The removal of egoistic consciousness is achieved, the right relationship between us as a divine centre and other beings (who are equally centres of divine manifestation) is established there is a Oneness with All beings

8. Satyavan's Cellular Transformation

- 8.1. Satyavan's experience is a continuation of physical transformation experienced by King Aswapati
- 8.2. For complete transformation of the physical sheath, the conquest of Death, who is the godhead of the Inconscient plane, in his own home/plane is needed
- 8.3. When he left his body, Satyavan along with Savitri traversed the various planes between the physical and Inconscient. Savitri entered those worlds to bring the light from the Supramental planes into them
- 8.4. Unfinished Yoga
 - 8.4.1. Satyavan represents the first man/avathara and has been on earth since the beginning to help with its evolution. He will be its last avathara as well.
 - 8.4.2. As Sri Aurobindo, He is seated in the subtle and causal planes still continuing His work of bring down the Truth light to transform the subconscient

worlds

8.4.3. Through His suffering the earth is transformed, but till Death is conquered on his own plane, there can be no permanent peace here

9. Descent of Divine Love

- 9.1. complete loss of ego leads to universalisation and capability to receive Divine Love
- 9.2. 3 grades to universalisation
 - 9.2.1. stage 1
 - 9.2.1.1. depressed by cosmic suffering identifies with others and takes on cosmic burden but unable to change anything
 - 9.2.2. stage 2
 - 9.2.2.1. free and superior to cosmic reactions and is not overpowered and affected
 - 9.2.3. stage 3
 - 9.2.3.1. spiritual supremacy and freedom that can heal from above

10. Savitri's Yoga

- 10.1. Exploration of planes of Consciousness
 - 10.1.1. Savitri can approach the root cause of death only by exploring and mastering all the planes of consciousness that King Aswapathi and Satyavan left unfinished
 - 10.1.2. One life is not enough to complete the task, she has to unite, reconcile and build on the actions of all her prior births
- 10.2. Exploration of Universal Self
 - 10.2.1. She overcame the limitations that separate the indwelling soul from the universal or overdwelling soul and saw that Self in All. Only a few could understand and collaborate with her Divine work and she could not replicate that divine state easily in others
 - 10.2.2. Those who come to change the earth consciousness and eliminate suffering must take on that suffering. They cannot do it standing above it all. Satyavan gave his life in order to remedy that mortal ignorance
 - 10.2.3. Our universal self sits within and behind our subliminal self but presses its influence through its instruments, the heart and mind to exceed themselves
- 10.3. Unfinished Yoga
 - 10.3.1. The completion of Savitri's yoga will see the Earth becoming a home of Supramental Light.
 - 10.3.2. The nature of man will be transformed and a new race of supramental beings that live in the spiritual and supramental consciousness will be the norm much like the current race is organised around the mind
 - 10.3.3. The death of Ignorance , Falsehood, Suffering and Death